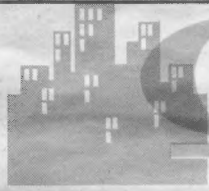


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Vol. 19, No. 44

September 10 - September 16, 2003

Commentary

We Owe It To Our Future

By Jon S. Corzine
U.S. Senator

Two years have passed since the horrific attack on our nation on September 11, 2001. It was a day that changed our lives and changed the course of America's history. We lost husbands and wives, mothers and fathers, brothers and sisters, children, friends, and neighbors. It touched all our lives; it crumbled the dreams of thousands. In our New Jersey community, we lost 693 souls.

Our unity, resolve and faith were tested, and I believe we emerged stronger as individuals committed to the principles of our nation. The ability of our government to protect us has also been tested. We in government remain responsible for securing all our futures and making certain we have done everything possible to prevent another attack.

The impact of Sept. 11 was very real and close to home for all of us. Many of us have been on an emotional roller coaster ever since. There were people who rode the train to New York City with me each morning when I worked on Wall Street whose lives were snuffed in the attack on the World Trade Center. There were kids I watched grow up and coached in Summit who died on that horrible day.

Some of us continue to hurt physically; others hurt spiritually. There remains a sense of loss, a sense of pain, and a sense of worry and uncertainty.

It is clear that there were wide and unfortunate gaps in communication within and between our intelligence agencies that serve to protect America's citizens before September 11, 2001. The president and the Congress moved to create a new Department of Homeland Security to address

our vulnerabilities and better coordinate an awesome task that requires the utmost cooperation between federal, state and local authorities.

We try to look out over the horizon and probe potential vulnerabilities. How can our military, our police, our firefighters, our emergency personnel, our doctors and hospital workers be best armed and best prepared to respond to terrorism?

How can we be sure that we are doing everything possible to protect our nation and our security? That is our charge as public officials, and that is why I believe it is irresponsible that the Bush administration - two years after the fact - has failed to embrace security standards

for chemical plants and other manufacturing and storage facilities where potentially dangerous and lethal chemicals are used and stored.

In spite of repeated statements about the need to address the issue of chemical facilities' security from Tom Ridge, the secretary of the Department of Homeland Security, from the Department of Justice, and the Nuclear Regulatory Commission, the administration has not matched its rhetoric with reality. When the terrorism alert color code changes from yellow to orange, the homeland security department has chemical facilities at the top of its list. Yet there have been no real steps taken by the government to face up to the potential for a terrorist attack against any of the thousands of chemical facilities in our nation and state.

In New Jersey alone, there are seven facilities where a single attack could affect more than



Sen Jon Corzine



Governor hosts Black Executive Network at his Princeton home to discuss the future of minority business set-asides in New Jersey. Joining Gov. McGreevey in the presentation to BEN are Secretary of Commerce, William Watley and Attorney General Peter Harvey. See story on page 5.

Photo by Herb Glenn

A lesson
from
9-11

As States Cut School Funds, Prisons Fill with dropouts

Washington, DC: As students prepare to return to school this year, a new report has found that the shift in new funding from education to prisons is having a devastating impact on American African men. In a new policy brief, "Education and incarceration," the Justice Policy Institute shows that by 1999, 1 in 10 white male dropouts, and an astonishing 52 % of black male high school dropouts had prison records by their early thirties. Coming on the heels of a new Justice Department survey that showed that 6.6% of all Americans, 11% of men, and 32% of African American men are likely to end up in prison if current incarceration rates hold, the JPI brief shows that African American men in their early 30s are nearly twice as likely to have prison records (22 %) than Bachelors degrees (12 %). "These findings clearly show that, for low-education African American men, prison has become a common life event, even more common than employment or military service," states Princeton

University's Bruce Western, a co-author of the report. "By cleaving off poor black men from the mainstream of American life, the prison boom has left us more divided as a nation."

The report comes amidst state cuts to K-12 and higher education and following another recent Justice Department report showing significant growth in America's prison population despite years of declining crime rates. According to the National Conference of State Legislatures, 21 states were considering proposals that would reduce funding for K-12 education this spring.

Sixteen states raised college tuition by more than 10 percent for the current school year, and six states took the unusual step of enacting mid-year tuition hikes for the spring 2003 semester. From 1977 to 1999, total state and local expenditures on corrections rose by 946 percent - about 2.5 times the increase in spending on all levels of education (370 percent). Earlier this month, the

Justice Department reported that the nation's prison and jail populations grew by 3.7 percent between 2001 and 2002, three times the previous year's growth.

"The findings of the Justice Policy Institute demonstrate that we clearly need education, not incarceration, if we are to ensure that the American dream becomes a reality for many - not just some," said Reg Weaver, President of the National Education Association. "Education can be the key that unlocks closed opportunities, but all too often we find that the key to a quality education - adequate and equitable resources and funding - is not within grasp. The unfortunate result is that we are more willing to build prisons than schools - less willing to educate than incarcerate."

Analyzing US Justice Department data, the report found that a substantial proportion of prison inmates are uneducated and educational opportunities in prison are declining. Two thirds (68 percent) of

See DROPOUTS on page 5

See FUTURE on page 4

Free, Family-Friendly & Focused on Youth!

The Festival of People Newark: Many Faces, Many Voices

The 2003 Festival of People comes to Military Park and PSE&G Plaza on Saturday, September 13th from Noon to 10 pm. The 18th annual Festival comes with a new generation of leadership, a new direction and a new focus for its

arts and entertainment programs.

Headlining this year's Festival are the popular Ms Diversity Pageant, the Youth Concert Showcase, and the first ever college step-show.

The Ms Diversity Pageant, introduced in 2001, is a program that helps young teenage women who live in urban neighborhoods, ages 13-16, to

build their character and confidence, raise their self-esteem, encourage their talents and develop life and social skills. The stage-show provides these young women an opportunity to showcase their talents, poise and grace in an afternoon of family fun.

The Youth Concert Showcase, an annual feature of the Festival since 1985, this year stars Psyche of Sound, Temples of Praise Dance Ministry, Untitled DeCallor, Veyonce Lain, Bi Levels, Vision, Joseph, Jahad, and JE!

The Step Show Classic in brand new in 2003 and is the Festival's first-ever attraction by and for college students. Stepping is stylized movement competitively performed by teams of sorority and fraternity members. The Festival Step Show will feature regional college performers from some of the nationwide "noble nine" sororities and fraternities.

The Festival sports fair activities features the inline skating that proved so popular last year and introduces competitive flatland trick cycling this year.

The traditional health and education activities return with attractions for children including face-painting, storytelling, petting zoo, puppets, the Newark Bears mascot, interactive art with the public, crafts workshops of the Newark Museum and the family programs of the New Jersey Historical Society.

The 2003 Festival Grand Marshals

are United Way of Essex & West Hudson's Maria Vizcarro-DeSoto and 100 Black Men's Keith DaCosta. The officers of the 2003 Festival Volunteer Committee are Chair, Martha Bahamon (UMDNJ Foundation), Vice Chair Larry Crump (Ezeilo & Associates), Arts & Entertainment Richard Barnes-Bey (Newark Public Schools), Human Services Cheryl Pelt (The Cannady Firm), Secretary Felicia Hankerson (Big Brothers, Big Sisters) and Treasurer Yvonne Villacis (Essex County College).

The Festival is a program of Diversity Newark and is made possible by contributions from City of Newark, Prudential Foundation, IDT, Verizon, The Dickson Office, United Way of Essex & West Hudson, CHEN, Newark Downtown District, MBNA, New Jersey Historical Society, The Newark Museum, PSE&G, Richmond County Savings Foundation and the New Jersey State Council on the Arts/Department of State, a Partner Agency of the National Endowment for the Arts, through a program administered by the Essex County Division of Cultural and Historic Affairs.

For information visit the website www.newarkfestival.org or call (973) 6422608

The Committee of 100 presents the Ebony Fashion Fair COLOR SPLASH*

EBONY FASHION FAIR, the world's largest traveling fashion show, celebrates 46 years with COLOR SPLASH! This extraordinary show will reveal new, varied and exciting designs when it makes travels to the Robert Treat Hotel for the Annual 2003 Ebony Fashion Fair hosted by the Committee of 100, Inc. on October 8 at 8:00 p.m.

The committee of 100, Inc is striving to keep with the new millennium by expanding their goals to include financial support for the Cancer Research Fund at the Newark Beth Israel Hospital. In addition, the Committee's ongoing scholarship award program targeted at high school graduates from single or disabled parents is another program designed to improve the quality of life in Newark and the surrounding communities of New Jersey.

COLOR SPLASH features extravagant styles by world famous designers such as Bob Mackie, Givenchy, Oscar de la Renta, Hanae Mori, Christian LaCroix and Black designers B. Michael, de Alexander, L'Amour, Stephen Burrows and Fusha. Thirteen magnificent models eleven gorgeous women (including a fullfigure! model) and two handsome men will showcase the provocative designs.

The Committee of 100 will dedicate this year's event to the memory of Audrey West, former director of The Pre-School Council and the Welfare Department of Newark.

For ticket information call 973-674-1970. Ticket prices include a one year subscription to Ebony Magazine or six months subscription to Jet Magazine.



Do you want to better compete for a portion of the \$8.6 billion in New Jersey school construction contracts???

Opportunity
for M/W/SBE Contractors

The Essex County SBE Contractor Training Program

Implemented by the Greater Newark Business Development Consortium

The SBE Contractor Training Program is a free series of eight classes designed to assist you in successfully bidding on school construction contracts in the Essex County Abbott School Districts (Newark, Irvington, East Orange, Orange).

The eight-week program, taught by industry professionals, will include *Financial Management, Marketing, Operations, Project Management, Construction Contract Law and Labor Issues and Entrepreneurial Issues*. The program is designed to not only provide training, but to also foster long-term success in bidding on school construction contracts. With this in mind, the Greater Newark Business Development Consortium will follow up with contractors as they bid on these contracts.

All sessions will be held on Wednesday evenings from 6 p.m. to 9 p.m. beginning October 1, 2003.

Find Out More About the SBE Contractor Training Program

To learn more and meet some of the state and city officials involved with this initiative, attend one of our upcoming information sessions:

Sept 17, 2003, 6 p.m.-8 p.m. Gateway Academy 200 Washington Street, Newark, NJ Hosted by the Newark Public Schools Office Of Economic Development	Sept 24, 2003, 6 p.m.-8 p.m. The Servicemen's Clubhouse 1113 Springfield Ave, Irvington, NJ Hosted by the Township of Irvington and the Irvington Board of Education
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For more information and to RSVP for one of the outreach events, contact Baron Hilliard at 973-242-4133 or email Bhilliard@GNBDC.org.

The Essex County SBE Contractor Training Program is funded by the New Jersey Schools Construction Corporation (SCC) and is brought to you in cooperation with the municipalities and school boards of Newark, Irvington, East Orange and Orange.

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Nation/World BRIEFS

ANDREW YOUNG MAY RUN FOR SENATE

ATLANTA, Sep 01, 2003 (United Press International via COMTEX) — Andrew Young may enter the Georgia Senate race in an effort to keep the seat in Democratic hands of retiring Zell Miller, D-Ga.

The 71-year-old former U.N. ambassador and Atlanta mayor has "all but decided to make the race" and may move soon to announce his plans, a Democratic campaign source told the Washington Post.

The race is considered an uphill battle after the GOP won Georgia's other Senate seat last year.

The only announced Democratic candidate is state Sen. Mary Squires who has a smaller statewide profile than Young, who was a top lieutenant of the Rev. Martin Luther King Jr. and served in the House of Representative in the 1970s.

Young, currently chairman of a consulting firm that helps start-up businesses in Africa and the Caribbean, lost a race for governor of Georgia in 1980 to Miller.

JUDGE RULES AGAINST FLORIDA CIVIL RIGHT ERA KILLING

(Special to the NNPA)—The family of Johnnie Mae Chappell, Florida's only martyr of the Civil Rights Era, will go without justice after a Judge ruled the statute of limitations expired in the 1964 case.

Chappell was shot from a passing car as she searched for her purse on March 23, 1964, the same day race riots gripped Jacksonville.

The 11th Circuit Court of Appeals in Atlanta will not restore a civil rights lawsuit filed by Chappell's children, ruling there was no evidence that an alleged 1964 cover-up by White police officials prevented the family from suing before the deadline.

Four White men were charged in the murder, but only one was convicted, J.W. Rich, on a lesser charge of manslaughter. Rich told police he and his friends were driving around and decided to shoot a Black person, though he later denied it.

Charges were dropped against the other three men, even though police had a signed confession. A Jacksonville detective, C. Lee Cody, told reporters the gun that discharged the fatal bullet disappeared from the police property room. He claims he was fired when he pressed his superiors about missing reports and evidence.

Women own bulk of Swaziland's small businesses

MBABANE, Swaziland (IRIN)—Swaziland's women own nearly three-quarters of their country's small businesses, according to a new government study. The figure flies in the face of conventional wisdom that Swazi women, because of their legal status as minors, are economically disenfranchised.

"We are capable business people, but we have been kept from advancing in big corporations. Small businesses allow women to apply their business skills and prosper, and these types of businesses also offer time flexibility," says Janice Simelane of the women's empowerment group, Umtapo WaBomake.

Popular small businesses include stores, poultry farms, beauty salons, dressmaking shops or agricultural businesses.

But "many Swazi women are finding

their own financing, and they are opening newer types of businesses. We find women heading real estate agencies, private schools, public relations outfits and even their own law firms," says Simelane.

The study by the Ministry of Enterprise and Employment found that 71 percent of small businesses listed with local and national tax authorities were registered under women's names. This high figure is in spite of the fact that Swazi women cannot own property in their own names, enter into contracts, or secure bank loans without the sponsorship of a male relative.

The government seems committed to women's empowerment, as evidenced by a draft constitution that would remove legal barriers now hindering women from property ownership.

Dropouts in prison

Continued from page 1

prison inmates had not received a high school diploma and, between 1991 and 1997, the percentage of prisoners who reported taking educational programs while incarcerated declined from 57% to 52%, as the prison population grew.

"Despite the obvious connection between educational attainment and recidivism, we are failing to provide meaningful educational programs to the growing prison population," states Jason Ziedenberg, JPI's Director of Policy and Research and a report co-author. "If we want to create a more effective response to crime, we should divert people from prison into treatment, and provide educational opportunities to those currently incarcerated."

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9.11.01

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George E. Pataki
Governor, State of New York
James E. McGreevey
Governor, State of New Jersey



THE PORT AUTHORITY OF NY & NJ

Editorial

Bush declares \$87 Bil needed to reconstruct Iraq, help Iraqi people

But what will it take to educate America's Children

While the Presidents seeks \$87 billion to rebuild Iraq, schools throughout American are cutting budgets. Many states are experiencing record budget deficits. What would it take to better educate America's inner city children? What would it take to rebuild America's urban centers, many still in need of rebuilding every since the riots of the 70's.

The evil, mean spirited Republicans and accommodating Democrats have gutted opportunities for the poor and minorities, abandoned affirmative action and minority set-asides. The resources needed to rebuild communities and lives of the disfranchised grandsons and granddaughters of former slaves are limited, as they give their blood in Iraq. They after all, from all indication, do not deserve anymore. It's time to move on to the new immigrants, Indians, Hispanic who so many want to be the dominate minority group in America.

Those evil Republicans and accommodating Democrats only see African Americans when it is time to vote. The President gives tax breaks to the rich while creating the illusion that no child will be left behind, all the time knowing that many urban children will be left behind. Left behind to get caught up, more than likely in the criminal justice system. More money is spent to building new prisons than to build new schools or create jobs for young people. Yes no child left behind. But for those who slip, there is a place for them in today's prison industrial complex, army, or in a grave. Please step forward, Uncle Sam wants you. Air force, Navy, Army, or National Guard take your pick. After all you don't want to be the child left behind.

How long will African Americans accept the lies that there is no money to rebuild their lives or their family, because everyone else comes first. We believe the President can care less about what child is left behind, as long as it is not those of his rich contributors who are the profiteers that will benefit from the \$87 Billion reconstruction of Iraq.

Investing in New Jersey's Public Education

In light of some recent encouraging economic news, many individual investors are starting to feel more optimistic about their portfolios. Regardless of the economic outlook, millions of us continue to seek that perfect "no-risk/high-return" investment. And as we seek that magic investment bullet, we should turn your attention to New Jersey's system of public education. Since we all know that today's students are tomorrow's leaders, it becomes evident that our greatest risk will come from failing to make an investment in our public schools.

We would like to propose that, as New Jerseyans, we all commit to making a surefire high-return investment in the form of increased community involvement in our schools. This investment of human capital will help strengthen New Jersey's portfolio in the future of public education.

The demand for this investment is high. According to a survey completed by Public Agenda entitled "Just Waiting to be Asked?" 52 percent of individuals who rated their schools as excellent or

good would like to see more community involvement in schools. Of those individuals who rated their schools as fair or poor, 74 percent indicated a desire for more community involvement.

This investment is a win-win. While the state's children would certainly benefit from increased community involvement, recent statewide research from New Jersey United for Higher School Standards, entitled "Building Strong Bridges-A Report on Public Engagement in Education" suggests that students would not be the only beneficiaries. According to the research, parents who are involved in their children's schools are more than twice as likely to feel that the schools are doing a good job than uninvolved parents. They are also more likely to be satisfied with their child's achievement, feel that their child is motivated to learn, and think their child is doing well in school.

With the notable benefits to parents, schools, and students, and demonstrated public interest in involvement, why is engagement in education not more widespread? New Jersey United's research

offers some possible explanations. For example, more than a quarter (27%) of all parents and nearly half (48%) of minority parents in New Jersey feel unwelcome in their children's schools. Not having time and not feeling as if they are qualified are the most common reasons mentioned by residents who were not willing to help improve schools.

As individuals, we may not be able to assist schools financially, but we can help them with our time, expertise, dedication, and support. This assistance, however, cannot come only from a core group of committed parents and a handful of progressive schools. We must strive for a true collaboration-one that can positively impact all of the children in New Jersey. Our students deserve nothing less. Quite simply, an investment in public education today is sure to pay untold dividends tomorrow.

Mary O'Malley

Executive Director, New Jersey United for Higher School Standards and Vice President of Local Initiative, Prudential Financial, Inc.

Schwarzenegger's Skeletons: True Lies about Racism, Sexism and Anti-Semitism

As soon as Conan the Republican declared himself a gubernatorial candidate in California's goofball Total Recall, rumors of his very checkered past immediately started to swirl. But the media appeared interested in investigating only the irrelevant question of whether or not his Dad had been a Nazi some 60 years ago. So, for what it's worth, we now know that, according to documents unearthed by the Simon Wiesenthal Center, Gustav Schwarzenegger voluntarily enlisted as one of Hitler's storm troopers on May 1st, 1939.

As embarrassing as that factoid might be for Arnold, it would be unfair for anyone to try to implicate him in sins of his late father committed before he was even born. Obviously, uncovering any of the would be Governor's own misdeeds might be far more harmful to his front-running campaign based on his trademark movie catchphrases. Thus, I suspect that the resurrection of the Nazi non-issue was a ploy to divert attention from the real skeletons rattling around in his closet.

For over the years, Arnold has apparently been rather openly hostile to blacks, women and Jews, among others. According to Rick Wayne, an African-American bodybuilder and once close associate, Schwarzenegger is an "out and out racist" who told him that he supported white South Africa's apartheid system because, "If you gave these blacks a country to run, they would run it down the tubes."

Just by chance, I happen to hear Robbie Robinson, another black weightlifter, recount in a radio interview how Arnold repeatedly called him the N-word at a competition. Furthermore, Robinson said that all these years he has never been paid the \$10,000 he was promised for appearing in Pumping Iron (1977), the flick that launched the screen icon's enviable movie career. And Arnold is reported to have humiliated Joe Weider, who also appeared in the movie, with some anti-Semitic remarks and a Hitler imitation which left the Jewish bodybuilder in tears.

Schwarzenegger openly admitted that his treatment of women wasn't much

better in a 1977 interview with Oui Magazine where he said, "Girls became sex objects...Having chicks around is the kind of thing that breaks up the intense training...Sex was simply another exercise, another body function."

In the profile, he goes on to describe his experimenting with marijuana and participating in group sex.

Understandably, as a married father of four, Arnold might not want to own up to any of the above which might all be explained away as youthful indiscretions. However, what I find much more interesting is the mainstream media's collaboration in keeping it all under the radar, thereby preventing any ideological blowback which might expose Schwarzenegger as little more than a barely intelligible, chiseled monument to intolerance. At least nobody's accusing outgoing governor Gray Davis of using women, cheating friends, doing drugs, hurling racial epithets or pumping iron.

Attorney Lloyd Williams is a member of the US Supreme Court, NJ, NY, CT, PA & MA bars.

We owe it to our future.

Continued from page 1

fences and the closed circuit monitors. We need to encourage industry to move towards inherently safer technologies in manufacturing and production. An inherently safer plant is far less likely to be a potential terrorist target.

I first introduced the Chemical Facilities Security Act in October 2001 to marshal the government's security and environmental experts to assess the vulnerability of chemical facilities, and create a high-priority list of facilities where an attack would impact the most people.

Standards need to be uniform, and compliance needs to be across the board. I

am grateful that some chemical companies have acknowledged the danger of attack and voluntarily moved to toughen up security. But that's not good enough, these good citizens are being put at competitive disadvantages if others in their industry refuse to invest in security.

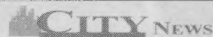
It's also not good enough that there has been limited effort to invest in safer technology, which is why my legislation would make available \$50 million in incentives to help make those investments.

In addition to setting chemical plant security standards, we have to be sure that our first responders—our local and county and state law enforcement officials—are well prepared to respond to attacks. We

have to be sure that our U.S. Coast Guard has the equipment and manpower to protect our shores. We have to partner with industry when they ask for our assistance because they acknowledge a public responsibility in toughening security.

We cannot afford to wait for another attack, or another tragedy, to act. We have sensitive infrastructure which must be protected now. We don't want to ask after the fact why did this happen, when we have the ability right now to answer how can we make sure it doesn't happen.

We live in the most powerful nation on earth, but we are not granted guarantees. We owe it to those who died on September 11th. We owe it to our future.



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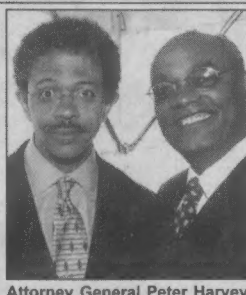
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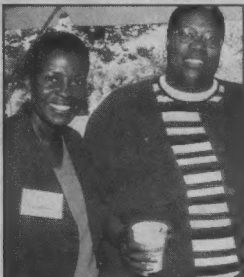
Bonnie Watson-Coleman, Peter Harvey, Calvin West, Gov James McGreevey and Jeanine LaRue



Attorney General Peter Harvey with City News Publishing Company President, Henry Johnson



Vivian Sanks-King, Rev. Reginald Jackson, Jeanine LaRue, Pamela Fields and Nina Wells



Avis Yates and Regina Thomas

Governor discusses future of minority business at Black Executive Network Event

More than 100 of New Jersey's top black executives from business and corporations gathered at the Governor's mansion in Princeton to discuss the future of Minority business in New Jersey since the State's set-aside program was dismantled.

Gov. James E. McGreevey pledged his efforts to restore contracts to minority businesses and stated that Minority businesses registered with the State were automatically placed in the small business category for state contracts.

In addition to the Governor, Secretary of Commerce, William Watley, Attorney General, Peter Harvey and Asst Treasurer, Gerry Gibbs each explained what his particular agency is doing to create and increase contracts for minority business.

The Black Executive Network hosts periodic networking events to focus on minority business enterprise, job creation and advancement at the executive level of corporate America.

Founding members of Black Executive Network are: Jeanine LaRue, Shirley Ward, Vivian Sanks-King, Kendall Sprout, Clement Price, Pamela Fields, Nina Wells and Jan Johnson.



Kelli Drakeford and Gov. James McGreevey



Secretary of State, Regina Thoma and Assemblywoman Bonnie Watson-Coleman



Wendy Odom and Gwen Moten



Deputy Commissioner of Community Affairs, Jeanine LaRue, Catherine Willis, Ken Williams, Dale Caldwell, Jan Johnson, Ed Young and Ellen Brown



Pamela Miller and Rick Thigpen



Lathea Morris and Jan Johnson



Rebecca Doggett and Calvin West



Karen L. Clark, president and CEO of Gov. James McGreevey and Gerry Horizon/Mercey, Philip M. Bonaparte, M.D. Gibbs and Gwen Rippey



Maya Angelou Speaks to the Heart of Disease

ATLANTA— Nearly 40 percent of African American women die from cardiovascular disease, and all are at a higher risk than Caucasian women for developing high blood pressure, diabetes, high cholesterol or heart disease - all potential deadly conditions.' In fact, a recent study found that one in three adults in the United States has high blood pressure - with older African American females experiencing the greatest increase in developing the disease) In an effort to educate African American women about their cardiovascular health and

ful methods to track progress in improving blood pressure and high cholesterol.

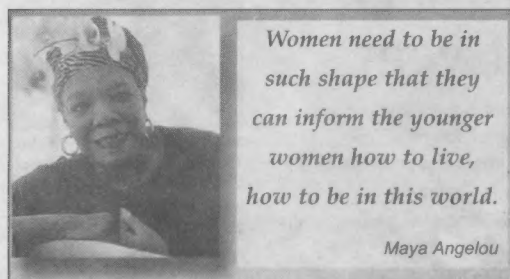
Inspiring commentary from Maya Angelou is woven throughout the video and guidebook, as she encourages African American women to support one another in leading heart healthy lives for their children, their spouses, their community and most importantly - themselves. Angelou, who has high blood pressure, says on the video "There are ways to physically contain, if not eradicate bad health, have it manageable as I do with high blood pressure.

as they help the women of the first and second generations cope with heart disease and diabetes.

The video also features Sylvia Woods, owner of the popular soul-food eatery Sylvia's in the Harlem section of New York City. After gaining control of her high blood pressure by taking medication



HEART HEALTH for the Generations



Women need to be in such shape that they can inform the younger women how to live, how to be in this world.

Maya Angelou

reduce their risk of developing devastating diseases such as high blood pressure, the Association of Black Cardiologists (ABC) has launched the new educational initiative Heart Health for the Generations: A Guide for African American Women, featuring poet and author Maya Angelou.

The program, consisting of a 30-minute educational video and companion guidebook, is supported by an unrestricted educational grant from Novartis Pharmaceuticals Corporation. The video explains what cardiovascular disease is, highlighting prevention strategies and risk factors for developing various forms of the disease. An accompanying booklet provides guidelines on leading a heart-healthy lifestyle, as well as helpful questions to ask physicians and

I have medicine, that's physical. But the main health therapy is the self-induced discipline. That is the main therapy, to decide I want to be healthy."

Both the video and guidebook can be downloaded free of charge from the ABC's website, www.abcardio.org, and the program also will be distributed through cardiologists, churches and beauty salons across the country in the coming months.

In addition to Angelou, viewers will watch touching stories of several African American women who have been affected by cardiovascular disease, including a family of five generations of women, from an 86-year-old woman to her seven-year-old great-great-granddaughter. The women support one another to ensure that heart health is a conscious behavior in each of their lives, particularly

checked at least once a year; ●Reduce the amount of fat and salt associated with your diet - and exercise!

Cardiovascular disease is the leading cause of death worldwide, and the death rate from heart disease is 69 percent higher in African American women than in Caucasian women. Additionally, African American women are nearly twice as likely to have a stroke. More than 45 percent of African American women have high or borderline-high cholesterol levels, and compared to Caucasian women, the risk for developing diabetes is nearly twice as high. "We know that high blood pressure affects a great percentage of the population, but new data suggests it's even more prevalent than once thought, particularly in African American women," said Paulo Costa, chief executive officer of Novartis Pharmaceuticals Corporation. "This program is very timely, as many people are still unaware of their risk and do not seek available help, despite numerous medical advancements in treating high blood pressure and other forms of cardiovascular disease. Educational programs such as these are essential to reduce the devastating effects of uncontrolled or poorly controlled high blood pressure."

Tips to reduce the risk for cardiovascular disease are featured in the program and include:

●Knowledge is power understand your risk to take action to protect you and your family's heart health;

●Get your blood pressure

checked at least once a year;

●Reduce the amount of fat and salt associated with your diet - and exercise!

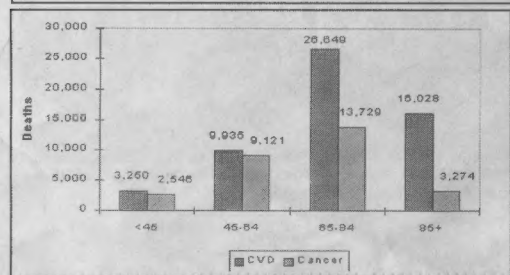
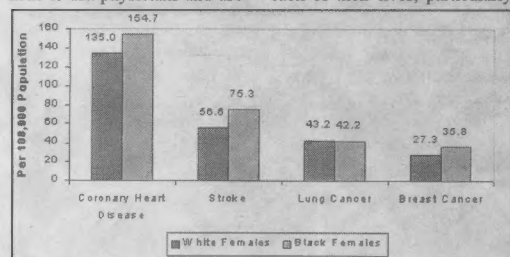
Cardiovascular disease is the leading cause of death worldwide, and the death rate from heart disease is 69 percent higher in African American women than in Caucasian women. Additionally, African American women are nearly twice as likely to have a stroke. More than 45 percent of African American women have high or borderline-high cholesterol levels, and compared to Caucasian women, the risk for developing diabetes is nearly twice as high.

"We know that high blood pressure affects a great percentage of the population, but new data suggests it's even more prevalent than once thought, particularly in African American women," said Paulo Costa, chief executive officer of Novartis Pharmaceuticals Corporation. "This program is very timely, as many people are still unaware of their risk and do not seek available help, despite numerous medical advancements in treating high blood pressure and other forms of cardiovascular disease. Educational programs such as these are essential to reduce the devastating effects of uncontrolled or poorly controlled high blood pressure."

The ABC has a long-stand-

ing partnership with Novartis, including the company's support of the "Children Should Know Their Grandparents" program, which was launched in 2001 and is aimed at educating older African Americans about their risk of developing cardiovascular disease. The ABC also received Novartis' support for the development of recent hypertension guidelines for the African American community. More information on these programs can be found at the ABC's website (www.abcardio.org).

The Association of Black Cardiologists, Inc., was founded in 1974 out of a need to bring special attention to the adverse impact of cardiovascular disease on African Americans. The ABC is an inclusive organization. Membership is open to all who are interested in assuring that African American children know their grandparents and become great-grandparents themselves. This will only be achieved by effectively lowering the high rate of heart disease and stroke in our community through: culturally competent healthcare providers; equal access to medical care and innovative technologies; and effective collaboration with industry, government, other professional organizations and individuals.





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Uncommon Wisdom

Fall Roster of Flicks Hints at Pleasant Surprises

by Kam Williams

SEPTEMBER

Autumn is ordinarily a slow season as far as film releases go. Given the fact that the kids are adjusting back to school and the rest of us are focusing again on work and other responsibilities, the studios usually hold back their better offerings till Holiday time. However, this Fall's slate of flicks looks like an exception to the rule, with the films featuring such Oscar-quality talent as Woody Allen, Denzel Washington, Russell Crowe, Halle Berry, Uma Thurman, Michael Caine, Cuba Gooding, Jr., Robert Duvall, Haley Joel Osment, The Coen Brothers, Drew Barrymore, Cate Blanchett, Meg Ryan, Quentin Tarantino, Queen Latifah and Angelina Jolie.

Though most of these stars fashioned films out of fresh material, the cinema horizon happens to be dotted with sequels, spin-offs, a remake, and even a re-release. As long as profits remain the bottom line, expect more of the retreat approach to moviemaking which has served the industry well over the last few summers. Thus, without further ado, here's a sneak peak at the bumper crop coming soon courtesy of Hollywood's bountiful harvest. (Note: NR means a movie is not yet rated.)

Anything Else (R) Romantic comedy written and directed by Woody Allen about an aging artist who doles out relationship advice to an aspiring writer.

Cabin Fever (R) Another spoof of the teen scream genre, ala Scary Movie in which five college kids camping in the woods encounter a hermit infected with a very contagious flesh-eating virus.

Cold Creek Manor (R) Dennis Quaid and Sharon Stone share top billing in this thriller about a family that moves to the country only to discover that their dream house's previous owner has just been paroled and is intent on getting his home back.

Dickie Roberts: Former Child Star (PG-13) Comic adventure where hip quipster David Spade's plays a washed-up, TV child star, trying to revitalize his career, who hires a family to provide him with the normal home-life he has never known.



Duplex (NR) Throw Momma from the Condo. A Danny DeVito-directed crime comedy about a couple (Drew Barrymore and Ben Stiller) promised the perfect NYC apartment provided they kill the little old-lady currently living there.



The Fighting Temptations (PG-13) Musical comedy with Cuba Gooding, Jr. as the lucky lad who stands to inherit the substantial estate of his dearly-departed aunt, provided he first assembles an award-winning gospel choir.



Matchstick Men (PG-13) Paper Moon-lite. Unlikely buddy vehicle for Nicholas Cage as an agoraphobic, chain-smoking con man suddenly saddled with the 14-year-old daughter he never knew he had.



Once Upon a Time in Mexico (R) Final chapter in the Robert Rodriguez trilogy which began with *El Mariachi*, followed by *Desperado*. In this installment, *El Mariachi* (Antonio Banderas) is recruited by the CIA to help bring down a conspiracy between a crooked general and a drug kingpin.

The Order (R) Christian-orientated thriller with Heath Ledger as a priest summoned to Rome to determine whether some mysterious deaths might have been at the hands of the Sin Eaters, an ancient order of monks who cleanse souls as they kill.

The Rundown (PG-13) The Rock stars in this action adventure as a brash bounty hunter venturing into the jungles of the Amazon to bring back an escaped con (Seann William Scott) who instead teams up with the rich kid to hunt for a long-lost treasure.



Secondhand Lions (PG) Period piece, set in the Sixties, with Haley Joel Osment as a timid teen who travels to Texas to spend the summer with his rich, eccentric Uncles Hub and Garth (Robert Duvall and Michael Caine, respectively).

'Ain't Misbehaving' at Paper Mill



Taking a break from "Ain't Misbehavin'" rehearsals are (from left to right) E. Faye Butler, Natasha Yvette Williams, Angela Robinson, Darius de Haas, and Doug Eskew. Seated at the piano is William Foster McDaniel. "Ain't Misbehavin'" runs September 10 through October 19, 2003 at the Paper Mill Playhouse in Millburn. For tickets call 973-376-4343 or online at www.papermill.org. Photo by Charlie Siedenbrug

African Globe's 'Dreamgirls' brings the Motown-Sound to New Brunswick



NEWARK — Twenty-one years ago, Dreamgirls debuted on Broadway and won four Tony Awards. Today, African Globe TheatreWorks, New Jersey's premier African-American theater company, will revive the touching musical at Crossroads Theatre through September 14 performed by a cast of New Jersey's most talented teen actors. Packed with Motown-influenced R&B tunes and almost entirely sung with stunning dance numbers, and lavish vintage costumes, Dreamgirls takes viewers back to a time when African-American music was slowly beginning to catch on to wider audiences. Set in the early sixties and seventies, the musical becomes a show-business exposé, following the journey of the Dreamettes, from doe-eyed high school pals performing for the first time at Harlem's famed Apollo Theatre to their farewell performance as the Dreams, following many years of treachery, heartbreak, and lost dreams. For information: 973-624-1584

Special Sneak Preview
September 13
Cuba & Beyoncé

The Fighting Temptations



PG-13 PARENTS STRONGLY CAUTIONED
Some Material May Be Inappropriate for Children Under 13
SOME SEXUAL REFERENCES
For rating reasons, go to www.filmratings.com

FightingTemptations.com

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REGULAR ENGAGEMENT STARTS FRIDAY, SEPTEMBER 19

See FLICKS on page 9

Fall Roster of Flicks Hints at Pleasant Surprises

Continued from page 8

Shaolin Soccer (PG) Hong Kong comedy about a disgraced monk who puts together a rag-tag soccer team comprised of martial arts masters who apply kung fu moves to their new sport. (Dubbed from Cantonese)

Under the Tuscan Sun (PG-13) Adaptation of Frances Mayes' 1966 memoir into a romantic comedy about an American lawyer who quits her stressful job and flees to Italy where she buys a fixer-upper and gets a new lease on life and love.

Underworld (R) Romeo and Draculette. Shakespeare-inspired horror flick about an ill-fated, cross-species romance between a human with a rare blood-type and the female vampire trying to save him from a rabid race of werewolves.

Zero Day (NR) Blair Witch meets Columbine in this low-budget docu-style drama about a couple of teenagers who start hunting for humans at their high school.

OCTOBER

Alien (R) 24th anniversary re-release of the Sigourney Weaver sci-fi classic with several deleted scenes restored. Special effects fun starts when earthlings decide to divert their spaceship to investigate strange signals coming from another planet.

Beyond Borders (R) Globetrotting drama about the on-again, off-again romance between a peripatetic philanthropist (Angelina Jolie) and an international relief worker (Clive Owen).

Good Boy! (NR) A sci-fi comedy about a plot to take over the Earth by dogs from the canine planet called Sirius.

Gothika (R) Monster's Bail. Halloween horror flick has Halle Berry playing an amnesiac shrink who awakens restrained in her own psycho ward with no memory of just murdering her husband.

House of the Dead (R) Halloween horror flick based on the Sega video game, features typical teen scream scenario. Cute coeds, drawn to an island off Florida for a techno rave party, instead find themselves attacked on land, in the sea and in the air by an army of zombies led by an ancient

ghoul who found the fabled fountain of youth.

In the Cut (NR) Jane Campion directs this erotic thriller adapted from the Susanna Moore novel of the same name about a promiscuous professor (Meg Ryan) who has an affair with the NYPD detective trying to solve the grisly slaying of a neighbor of hers.



Intolerable Cruelty (PG-13) Revenge comedy, courtesy of the Coen Brothers, about a ruthless divorce lawyer (George Clooney) who finds himself seduced by a satisfied client's vengeful ex-wife (Catherine Zeta-Jones-Douglas).

Kill Bill: Volume 1 (NR) Uma Thurman stars in this Quentin Tarantino crime thriller as a woman almost murdered at her own wedding who comes out of a coma after five years to embark on a bloody rampage against her would-be assassins.

Out of Time (PG-13) Denzel Washington as a compromised cop with his reputation on the line after he steals some evidence money to pay for his married girlfriend's operation only to get implicated in her arson-related murder.



Runaway Jury (PG-13) Adaptation of the John Grisham page-turner about a man who manipulates his way onto a jury in order to influence the verdict of a multi-million dollar case.

Scary Movie 3 (R) Third installment in series of irreverent spoofs of teen scream flicks won't feature the Wayans Brothers, but rather Anthony and Pamela Anderson, Charlie Sheen, Eddie Griffin Queen Latifah, Simon Cowell and Macy Gray.

The School of Rock (NR) Dead Guitarists Society. Dark comedy with Jack Black as a down-and-out rock musician who starts substitute teaching at a posh prep school where he inspires his students to find their inner Hendrix.

The Texas Chainsaw Massacre (R) Remake of the 1974 slasher flick which in turn was based on the real-life

story of cannibal Ed Gein, the Wisconsin serial killer whose sick exploits also inspired Psycho and Silence of the Lambs. In this version, five joyriding kids have the misfortune of crossing the path of a chainsaw wielding madman.

Veronica Guerin (R) Tragic, factual biopic based on the life of the Irish journalist (played by Cate Blanchett) assassinated after writing an expose' on the drug trade in Dublin.

EARLY NOVEMBER

Elf (PG) Kiddie comedy about a little boy accidentally taken to the North Pole and raised as an Elf by Santa about to return to the real world to search for his biological father. With Will Ferrell in the title role and Ed Asner as Santa.

Honey (PG-13) A rags-to-riches tale about a go-go dancer (Jessica Alba) from the ghetto trying to go legit as a rap video choreographer who gets pressured onto the casting couch by a mentor threatening to blacklist her for resisting his advances. With Mekhi Phifer, Lil' Romeo and Lonette McKee.

Looney Tunes: Back in Action (PG) Mix of live action with animated characters situates Bugs Bunny, Daffy Ducks and other well-known cartoon characters in an action adventure which will take them from Hollywood to Vegas to Africa and parts unknown in search of the priceless Blue Monkey Diamond.

Master and Commander: The Far Side of the World (NR) Early 1800s seafaring adventure with Russell Crowe as the Captain of a British man-of-war sloop which ends up as challenged by the elements as it is by the enemy as it makes its way around Cape Horn.

The Matrix: Revolutions (R) Expect closure from this final installment in the mind-bending, sci-fi trilogy as war erupts on the scorched Earth as the machines invade Zion. With the identical cast as the simultaneously shot Matrix 2, except for Gloria "The Oracle" Foster, who died during the filming.



A Conversation with Elizabeth Catlett



Saturday, September 20, 2003
6-8 pm, Morris Museum, Morristown, NJ

Art in the Atrium, Inc. and AT&T Foundation will host a Conversation with Elizabeth Catlett at 6:00 p.m. on Saturday, September 20, 2003. The event takes place at The Morris Museum, in Morristown, NJ. For information, call 973-540-0615.

AIN'T MISBEHAVIN'

The FATS WALLER Musical Show
SEPT. 10 - OCT. 19, 2003

Conceived and Originally Directed by RICHARD MALTBY, JR.
Based on an idea by MURRAY HORWITZ and RICHARD MALTBY, JR.
Originally Choreographed by ARTHUR FARIA

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LEGALS and CLASSIFIEDS

LEGAL NOTICE

REQUEST FOR PROPOSALS ARCHITECTURAL SERVICES HOUSING AUTHORITY OF THE COUNTY OF MORRIS

The Housing Authority of the County of Morris is seeking proposals for architectural services for bathroom renovations and common area air conditioning at India Brook Village funded under 2003 Capital Fund Program for Modernization.

Parties interested in submitting a proposal for the architectural services should contact Lucille Favale at the Authority's office at (973) 540-0389 for a detailed request for proposal (RFP), which includes the evaluation factors the Authority will use in selecting the architect. Proposals must be received by October 17, 2003 in order to receive consideration.

All proposals received will be evaluated by the Authority in accordance with the detailed RFP and U.S. Dept. of HUD Handbook 7585.1 Rev. 4 Section 8.2.

Roberta L. Strater
Executive Director
Housing Authority of the County of Morris

\$20.47

REPAVE PARKING LOTS AND RECREATION AREAS:

THE DATE FOR SUBMITTING THIS BID / PROPOSAL IS SEPTEMBER 26, 2003

The Asbury Park Public Housing Authority invites qualified licensed contractors to submit their proposals for black top repaving at various Housing Authority sites. All interested contractors should attend a Pre-Bid Conference on September 5th 2003 at 10:00 am at the Asbury Park Public Housing Authority administrative offices located at 1000 1/2 Third Avenue, Asbury Park, NJ. Call Geoffrey Melvin, Maintenance Supervisor at 732/774-2660 ext. 919 or Tyrone Laws at ext. 949. Bid responses will be accepted through September 26th 2003 12:00 pm at the Asbury Park Public Housing Authority, 1000 1/2 Third Avenue, Asbury Park, NJ.

ALL BIDS MUST BE MAILED OR HAND DELIVERED, FAXES OR EMAIL BIDS WILL NOT BE ACCEPTED. ALL BIDDERS MUST SUBMIT 1 ORIGINAL AND TEN COPIES AND ALL SUBMITTED BIDS MUST INCLUDE ALL BID PACKAGE SPECIFIED HUD FORMS.

Harold A. Phipps, M.B.A., P.H.M.
Executive Director

REQUEST FOR PROPOSAL

INDEPENDENT PUBLIC AUDITOR ANNUAL FINANCIAL AUDIT FYE 9/30/2003

The Housing Authority Town of Dover will accept proposals for its Annual Financial Audit for FYE September 30, 2003.

It is the Authority's desire to retain and employ a qualified Independent Public Auditor (IPA) in order to audit the books and accounts of the Authority. All services must be in accordance with the existing rules and regulations promulgated by the U.S. Department of Housing and Urban Development and conducted in such a manner as to meet all regulatory auditing requirements of the State of New Jersey.

The services will encompass all of the Housing Authority's programs including, but not limited to, Public Housing (59 units), Section 8 Vouchers (248); Capital Fund Program (CFP) and Family Self Sufficiency Program.

The DHA RFP may be obtained by contacting Kathleen E. Lynch, at 973-361-9444 or picked up at the DHA's office. The DHA is an EEO employer.

A copy of the candidates resume should be attached to the proposal listing all previous experience and qualifications. Proposals should be mailed or hand delivered to the Authority on or before 2:00 PM on September 24, 2003. The address is as follows:

Kathleen F Lynch, Executive Director
Housing Authority Town of Dover
215 E. Blackwell Street
Dover, New Jersey 07801

REQUEST FOR PROPOSALS

The Housing Authority of the City Of New Brunswick seeking Proposals from qualified companies (or individuals); to provide equipment, management, supervision, and maintenance for its three laundry rooms, located in Robeson Village, Schwartz Homes, and Hoffman Pavilion. The initial contract period shall be for one (1) year. There shall be an additional four (4), one year renewal options at the discretion of the Housing Authority.

Interested parties should pick up from the Housing Authority an Information Package and Instructions to Proposers for Laundry Rooms. This office is located at 65 Morris Street, 2nd Floor, New Brunswick, New Jersey 08901 (732-745-5147). All proposals shall be made using the format in the instructions. All other proposals may be rejected as being non-responsive to this advertisement.

Proposals are due in an original and two copies at the Housing Authority's office not later than 3:00 p.m., on Tuesday, September 16, 2003.

Proposals shall be delivered in a sealed envelope marked with the words "PROPOSAL FOR LAUNDRY ROOMS", and received at the following address:

Housing Authority of the City of New Brunswick
65 Morris Street, 2nd Fl.
New Brunswick, New Jersey 08901
Attn: Maria Martinez, Jersey Administrator

PUBLIC NOTICE

NOTICE OF AVAILABILITY: The County of Union Disadvantaged Business Program (DBE) in accordance with regulations of the U.S. Department of Transportation, 49 CFR Part 26 Notice is hereby given that the County of Union DBE Policy was adopted by the Board of Chosen Freeholders on August 21, 2003. The DBE Policy was established in accordance with regulations of the USDOT ensures that certified DBE's have an equal opportunity to receive and participate in USDOT assisted contracts. The Policy is available for review during normal business hours at the following location: Union County Administration Building, Clerk of the Board, Union County Freeholder Office, 10 Elizabethtown Plaza, Elizabeth, NJ 07207.

NOTICE IS GIVEN that the County of Union is utilizing the New Jersey Department of Transportation (NJDOT) "Directory of Certified DBE/SD/SWBE's and ESBE's" and NJ Transit's "DBE Directory". The County of Union will acknowledge and rely upon the certifications contained in these directories and upon the certification, re-certification and appeals procedure of these agencies in determining the eligibility of firms to participate as DBE's in federally assisted contracts. Both directories are available at the following location: Union County Administration Building, Department of Economic Development, Division of Planning and Community Development, 10 Elizabethtown Plaza, Elizabeth, NJ 07207.

Notice is given that the County of Union proposed overall goal for the following time period October 1, 2003 - September 30, 2004 is 2.29% of the federal financial assistance the County of Union will expend in DOT assisted contracts exclusive of Federal Transit Administration (FTA) funds to be used for the purchase of transit vehicles. The proposed goal and its rationale are available for inspection during normal business hours at the following location: Union County Administration Building, Clerk of the Board, Union County Freeholder Office, 10 Elizabethtown Plaza, Elizabeth, NJ 07207, for 30 days from the date of this notice, and comments will be accepted on the goal for 45 days from the date of the notice. Your interest and assistance in this review are greatly appreciated. Should you have any questions, please contact Mary K. Murphy, Director, Division of Planning & Community Development, Union County Department of Economic Development at (908) 527-4086.

RESEARCH OPPORTUNITIES

Healthy seniors wanted for participation in memory research at Rutgers-Newark.

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Please fax your resume to:
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Calendar

Community

Step Out, Save Lives! - Exercise Your Heart! Volunteers needed for Essex County American Heart Walk on October 26. For more info call 973-376-3636.

SEPTEMBER 8 — 12

Newark — City of Newark - 'School Bus Express' Free Immunizations for Back to School. Open to Newark residents only. 8:30 am - 4:30 pm. Dept. of Health & Human Services, 110 William St. For more info call 973-733-7580.

SEPTEMBER 10 — 11

Newark — City of Newark - 'School Bus Express' Free Immunizations for Back to School. Open to Newark residents only. 4:30 - 7:00 pm. Dept. of Health & Human Services, 110 William St. For more info call 973-733-7580.

SATURDAY, SEPTEMBER 13

Newark — City of Newark - 'School Bus Express' Free Immunizations for Back to School. Open to Newark residents only. 9:00 am - 2:00 pm. Dept. of Health & Human Services, 110 William St. For more info call 973-733-7580.

Mountainside/Westfield — September 11th Memorial Dedication for Union County residents who were killed. 6:00 pm. Echo Lake Park.

SUNDAY, SEPTEMBER 14

W. Orange — September 11th Rededication of the Essex County World Trade Center Memorial. 12 Noon. Eagle Rock Reservation.

MONDAY, SEPTEMBER 15

Mahwah — 10th Annual Golf / Tennis Classic. Barnert Hospital's presents this annual event that supports the hospital's operating & medical education program. Apple Ridge Country Club. For more info & to register call 973-977-6883.

TUESDAY, SEPTEMBER 16

Plainfield — The Road to Successful Homeownership. Participants will learn about credit ratings, smart money management, qualified lending services, just to name a few. Class size is limited. Course is free. 6:30 - 9:00 pm. United Trust Community Education Center, 209 W. 2nd St. To register call 908-753-7364. For more info call 908-756-5774.

SATURDAY, SEPTEMBER 20

Maplewood — 2nd Annual Cultural Heritage Festival. Free event. 12:00 - 5:00 pm. Memorial Park. For more info call 973-275-0081.

Montclair — Dr. Cornell West will be the special guest speaker at a forum sponsored by the People's Organization for Progress. 7:00 pm. St. Peter Claver Church for more info call 973-801-0001.

Newark — Fishing Derby & Boating Event. Free event rain or shine. 9:00 am - 1:00 pm. Branch Brook Park near the Prudential Lions. For more info call 973-643-1611 x 106.

SATURDAY, SEPTEMBER 27

Irvington — Fishing Derby. Open to all County children ages 15 & under. Participants must provide their own fishing poles & bait. 8:00 - 11 am. Irvington Park. For more info call 973-268-3500 x 234 or 256.

SUNDAY, SEPTEMBER 28

Mountainside — Scarecrow-Building Contest at the 22nd Annual Harvest Festival. 11:00 am - 5:00 pm. \$3 kids over 7 & adults. For more info call 908-789-3670 or 908-527-4900.

Heartbeat

SATURDAY, SEPTEMBER 20

Jersey City — The Walk to Cure Juvenile Diabetes. 9 am. Liberty State Park. For more info call 800-23-LATTE.

THURSDAY, SEPT 25

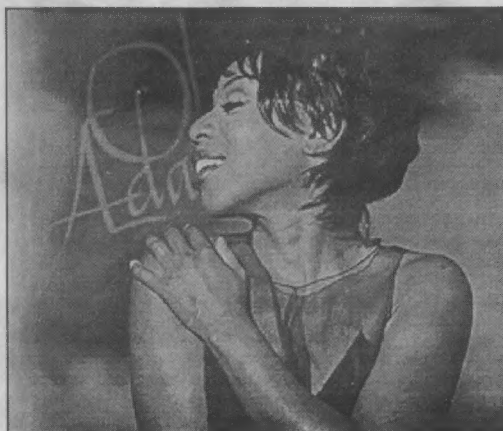
Newark — Way to Go Kids! - A Children's Weight Management Program. 8-week program designed to teach children between the ages of 9 & 14, that healthy eating & activity are a way of life. Newark Beth Israel Medical Center, Employee Cafeteria Annex. Cost is \$175. For more info including dates & times call 973-926-2884 or 973-926-2663.

FRIDAY, SEPTEMBER 26

Newark — Health Care in America: Shaping the Current Debate. Keynote Speaker: Raymond V. Gilmartin, Chairman, President & CEO, Merck & Co., Inc. 12:00 - 2:00 pm. Cost \$35. For more info visit www.njchamber.com. The Washington Square Conference Center, IDT Corporation

Business

WEDNESDAY, SEPT 10



Oleta Adams along with Chris Botti are headliners on Saturday, September 20 at the 6th Annual Jersey Jazz by the Lake Musicfest at Nomahegan Park in Cranford. Free all-day, outdoor event. 3 other acts, Kids Kingdom and food vendors.

Mt. Laurel — Business Planning & Financing Workshop. Free workshop designed to familiarize new & aspiring small-business owners. 6:00 - 8:00 pm. Commerce University, Rm. C, 17000 Horizon Way. For more info & to register call 609-292-9279.

THURSDAY, SEPTEMBER 11

Newark — Introduction to Quick Books. Learn how to set up & use the basic features of this popular & user-friendly accounting program. 12:00 - 3:00 pm. SBA's Business Information Center, 2 Gateway Center, 15th Fl. To register & for more info call 609-581-2220.

W. Paterson — Business Planning & Financing Workshop. Free workshop designed to familiarize new & aspiring small-business owners. 6:00 - 8:00 pm. Berkeley College Admissions Bldg., 44 Rifle Camp Rd. For more info & to register call 609-292-9279.

FRIDAY, SEPTEMBER 12

Bedminster — Fifth Friday Friars Luncheon. Sponsored by the Somerset County Business Partnership. 12:00 - 1:30 pm. Fiddlers Elbow Country Club. For more info & to register call 908-725-1552.

Plainfield — Make Time for Time Management. Participants will learn: how to identify personal & professional goals; prioritization, reorganization & much more. 10:00 am - 12:00 pm. United Trust Community Education Center, 209 W. 2nd St. Class size is limited. Course is free. To register & for more info call 908-753-7364.

SATURDAY, SEPTEMBER 13

Newark — College for Kids. Sponsored by the National Congress of Black Women this 9-week program encourages students, ages 9-12, to consider college options & to pursue careers

in the arts, business, communications, education, government, law, medicine, science & technology. Enrollment is limited to students in the Metro-Newark area, tuition is \$100 per child. Essex County College. For applications & more info call 973-643-5710.

MONDAY, SEPTEMBER 15

Plainfield — Entrepreneurial Training Institute Class. Practical business training program to help new & existing entrepreneurs in NJ prepare a business plan, learn how to manage the day-to-day operations, as well as understand the ins & outs of getting financing. 6:00 - 9:00 pm. Union County College, Annex Bldg. 2. For more info & to register call 609-292-9279.

TUESDAY, SEPTEMBER 16

Cranford — Microsoft Windows 2000 - Part 1. Complete introduction to Microsoft Windows 2000. 7:00 - 10:00 pm. Union County College. \$99 each section. For more info & to register call 908-709-7600.

Lakewood — Entrepreneurial Training Institute Class. Practical business training program to help new & existing entrepreneurs in NJ prepare a business plan, learn how to manage the day-to-day operations, as well as understand the ins & outs of getting financing. 6:00 - 9:00 pm. Lakewood Public High School. For more info & to register call 609-292-9279.

Scotch Plains — Wronged Investors Have Options. This highly informative course will help you identify the circumstance which entitle you to possible recourse, as well as how to protect yourself in the future. 7:00 - 9:00 pm. Union County College. \$39. For more info & to register call 908-709-7600.

Artz

SATURDAY, SEPTEMBER 19

New Brunswick — Tim Reynolds Solo Acoustic performance of his unique brand of hybrid acoustic/electric music. 8:00 pm. \$25 For more info & tickets call 877-STATE-11 or visit www.statetheatre.nj.org.

SEPT 10 — OCTOBER 5

Millburn — Ain't Misbehavin'. Performance celebrating in song & dance the sounds of Fats Waller's music-jazz, swing, stride, boogie-woogie, & everything in between. Paper Mill Playhouse. Various performance times. For a complete schedule & or to purchase tickets call 973-376-4343 or visit www.papermill.org.

TUESDAY, SEPTEMBER 23

Somerset — Ebony Fashion Fair presents 'Color Splash' sponsored by Shiloh Baptist Church. 7:00 pm. Ukrainian Cultural Center. \$35. For tickets & info call 908-754-3353 x 10, 908-755-8800 or 908-561-3547.

ONGOING — OCTOBER 1

Newark — The Roots of Rock & Blues Photography. Exhibit featuring the photography of Rita Weigand. Monday thru Friday during regular business hours. WBGO-FM (Jazz 88) Gallery. For more info visit www.wbgo.org.

Religion

SUNDAY, SEPTEMBER 14

Montclair — 19th Annual Church & Community Breakfast hosted by St. Mark's United Methodist Church. 9:00 am. Adults \$12, Children under 12 \$6. For more info call 973-744-2345.

SATURDAY, SEPTEMBER 27

Newark — Back To School Gospel Fest featuring The Reverend Milton Biggum, sponsored by the East Orange Community Charter School. 5:00 pm. Essex County College Gymnasium. \$15. For ticket info call 973-676-1199.

CityNewsNetwork.com

Mail or email your calendar events and photographs at least two weeks in advance to:

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